

## MEET THE TEAM

**NAME:** Natasha Bennett

**POSITION:** Nominated Individual / Company Director



### **What do you enjoy doing when you are not working?**

I am a wife, a mother and a stepmother to our 3 children so as many mothers out there know all too well life can be very busy and time just flies, before you know your babies are not babies anymore and are all grown up so I think it is important to take time to create as many memories with our children as possible whilst they are young. As a family we love to explore the countryside, go on long woodland walks and visit the beach come rain or shine which is one of the benefits of living in beautiful Dorset. We like to visit new places and experience new things with our friends and family. On the rare occasion when I don't have a toddler hanging off my leg and find myself with some time to myself I like to read supernatural novels, romance and crime mainly and I'm sucker for a good Netflix marathon.

### **What is your background?**

I was born in a little town just off the coast of Cardigan Bay in Wales. There were many occasions as a family we would gather at my grandparents' cabin in the secluded parts of the valley in Pembrokeshire, where we were lucky to be able to run free and explore the wilderness. During my early teens I moved to Somerset with my mother and brothers, where I went on to meet my husband. Since our mid-twenties we have been living in Dorset where we started our own family. I have worked in various positions throughout the care sector over the past 10 years, each one giving me many skills, knowledge, and experiences. My roles have enabled me to experience and gain competency in managing care companies in providing good quality service to people that require quality care and support. Throughout my career in the care sector I have utilised opportunities for many training experiences and have obtained many qualifications including my leadership and management level 5. My previous roles and experiences have given me the drive, ambition and passion to get me to where I am today (co-directing and managing) Natura Care Solutions with our goal to make a positive impact within the community, providing a service that is caring, compassionate and person-centred.

### **What are the values that drive you?**

I am naturally a caring and passionate person and wear my heart on my sleeve. I strongly believe that all individuals deserve to have a person-centred approach, to have a voice, to be listened to and to have the freedom to live their life to the fullest in a way that they choose. My passion is to make a difference, to have a positive impact on the life of individuals we care for. This has given me the drive, ambition and commitment to provide a service that is caring, compassionate, respectful, reliable and responsive to the needs of each individual. I believe embedding the right values and culture into the team enables us to provide the standard of care we expect to achieve. To me it is important that we are promoting empowerment, independence, and valuing each individual's unique differences.

## MEET THE TEAM

**NAME:** Laura Rimmer

**POSITION:** Registered Manager / Company Director



### What do you enjoy doing when you are not working?

I live with my husband and our Jack Russell Millie. Together we love to take long walks and explore Somerset and Dorset, especially the coastline.

We are both lucky enough to have large families, so our support network is incredible. Our family and friends are important to us and we love to spend time with them whenever we can. We have many nephews and nieces; they are our world, and we love to have them over for sleepovers and days out.

My husband and I love to travel/ holiday. This can be flying somewhere hot, cruising for a relaxing holiday or camping in the UK and enjoying one of our most favourite places (Cornwall).

When I have time to myself, I like to read and watch old movies (I am a Disney fanatic).

### What is your background?

I was born in Ealing (Middlesex). I grew up in Somerset with my mother, father and two younger sisters. I am close with my sisters and parents. Once I married in 2011, I moved to Dorset and have remained in Dorset ever since but not too far from family.

I have worked in many sectors of the care industry, each one bringing its own positive challenges. My previous roles have been managing domiciliary agencies. I have worked in the care sector for 14 years and have obtained many qualifications including my Level 5 leadership and management as well as Level 3 in education and training. My previous roles and mentors have led me to where I am today and that is managing Natura Care Solutions Limited as part of a strong team of like-minded individuals with our goal to make a difference in the community by delivering the care to those that not only need it but deserve it.

### What are the values that drive you?

I am a deeply passionate individual and thrive in challenging situations. Having worked in the care industry for some time I want to be part of the sector developing further. I feel I can play my part by continuing to develop my knowledge, so I am able to lead by example with my team. I believe everyone deserves person centred care and to be recognised as individuals whose differences are celebrated.

Reliability, consistency, Honesty, commitment, and dependability are values I feel I possess and am proud to make evident to those around me. They are the values I look for in my team.



## MEET THE TEAM

**NAME:** Sharon Martin

**POSITION:** Care Manager



### **What do you enjoy doing when you are not working?**

When I'm not working, I dabble in some arts and crafts. I like to go out walking with my partner Trevor, trying to become fitter while enjoying the views. I enjoy pottering in my garden.

### **What is your background?**

I have been in the care sector since 1986, seen a lot of changes in how care is delivered, which has become a lot better and more individualised.

### **What are the values that drive you?**

Knowing I have played a small part in that person's day to day routine, to help and support them to achieve what they need/want to do that day.

## MEET THE TEAM



**NAME:** Kathleen O'Dea

**POSITION:** Community Care Assistant

### **What do you enjoy doing when you are not working?**

I am married and live with my husband and his parents, I have three children and am step mother to three children. When the weather allows I like to get out in the garden and enjoy the flowers and watch the birds. My husband and I like to travel around the country side and enjoy going off the beaten track and explore.

I am a creative person, so I like to crochet and restore old furniture. I also like to bake, which I some times enjoy too much. If I get a chance to read I like crime novels, I like a good 'who done it'. I am also doing research into my family tree as my grandmother's family is from Dorset and Somerset.

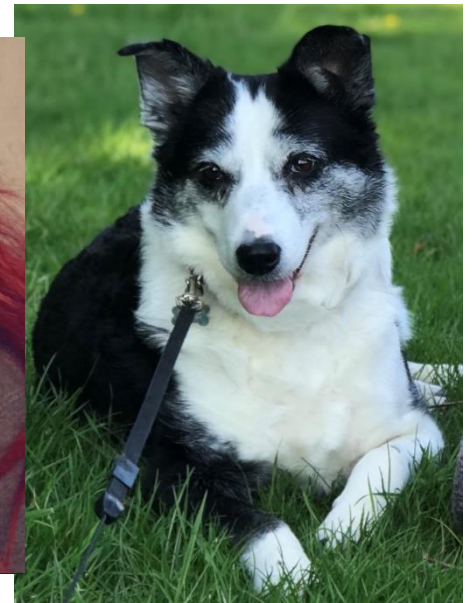
### **What is your background?**

I am Australian but born in Malaysia, my father was serving in the RAAF and stationed there. I have lived in many towns and cities in Australia with my three sisters, mum and dad. I have worked in many industries over the years, but my main interest was volunteering with my children's school and working with people with disabilities. I found this role very rewarding and proud when I see each person achieve their goals, even if it was small. I was working in Home and community care before my husband and I moved from Canberra, Australia in 2016 to help his parents after his mother had a stroke. I fell in love with Dorset when we came over for a holiday in 2014 and had no hesitation in moving over here.

### **What are the values that drive you?**

I am a caring and empathetic person who wants the best for everyone. I am passionate about ensuring everyone has dignity and independence in their life and strive to achieve this for all of my clients. With person centred care, the client is in control of what they would like, to embrace everybody's differences as that makes them who they are and freedom of choice and independence to live a fulfilled life as possible. I believe in respect and compassion to all, which I endeavour to do everyday.

## MEET THE TEAM



**NAME:** Kate Butler

**POSITION:** Care Manager

**What do you enjoy doing when you are not working?**

I live with my boyfriend. Me and my partner have a kitten called Turbo and I have a family dog called Bessie and a new addition a lovely Sprocker named Dizzy, Me and my partner like to go on long drives or going out together, we also enjoy going and seeing family in our spare time. We spend most weekends with family as this is what is important to us both. We also like to go out with friends. What we like most is spending time together at home. I'm very much a home girl and don't like being away for too long. We both enjoy going on holidays but not yet been abroad together. When I'm on my own I like to clean the house or chill out watching tv.

**What is your background?**

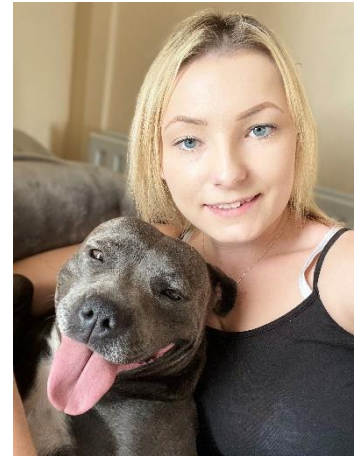
I was born in Exeter, and grew up in Dorset, I have 3 sisters, one older and 2 younger. When I left school I went straight into work, I started in a nursery working with children from 3months to 11years, I enjoy this very much i completed my level 1 and 2 childcare, alongside working in the nursery I was doing 1:1 care for a child with disabilities, I enjoyed this very much, after I left nursery I went on to support caring for elderly as-well as caring for the little girl, and I'm now working for Natura which I absolutely love.

**What are the values that drive you?**

I believe in showing kindness wherever you are in whatever you are doing. Treat others how you would like to be treated. Growth not only in myself but support others to grow and develop too.



## MEET THE TEAM



**NAME:** Natalie Lane

**POSITION:** Operations Coordinator

### **What do you enjoy doing when you are not working?**

I'm married and I'm lucky enough to be a mother and a stepmother to our three wonderful boys. Family time is so important to me, my little boy was born in the beginning of lockdown so I'm currently enjoying introducing him to all the things he's missed out on. We enjoy finding new walks and exploring the local area with our dog Nala.

We both grew up in the village we live in so it's lovely watching the boys grow up and play in the same places we did.

### **What is your background?**

I have always lived in the Dorset countryside. I met my husband in 2016 and we got married in 2018.

I have worked in the care sector since 2012 and have obtained my level 5 in leadership and management. I have worked in many different roles including managerial positions. I'm enjoying a break from senior roles while my little boy is young but hope to go back to a more senior role in the future. Each role has enabled me to gain the knowledge and skills needed in order ensure the highest quality care is delivered.

### **What are the values that drive you?**

I have a passion for good care and making a difference to someone's life, I believe everyone deserves to receive the best care. I've always used the 'grandparents check' which is to always ensure care is provided to a level I'd be happy for my grandparents to receive.

It's important to me to ensure each individual receives care that is person centred and individual to them.



**NAME:** Maria Paolozzi

**POSITION:** Community Care Assistant

### **What do you enjoy doing when you are not working?**

My first passion is my family! I have been a single Mum for 16yrs and have raised two wonderful daughters, that I am immensely proud of, aged 18yrs and 22yrs, both are very individual personalities and we have a solid bond!

My second passion is my love of dance...

For the past 16yrs I have been involved with dance teams. The first was an Appalachian side (which resembles ' Hillbilly ' dancing! ) and in the recent 7 years I have evolved to Irish , Sean nos stepping, English clog and a bit of Cajun! I love performing and was once a Trapeze Artist- albeit many moons ago!

To keep fit and improve my well-being I try and swim several times a week, usually before work starts as it sets the day up well...

Before the first lockdown I only really basked in my own garden but in the past two years I have discovered that I enjoy walking and absorbing nature's wider canvas of beauty! I've been known to jump on a horse from time to time but as I've got older ( and arguably more sensible) I don't do this so much now!

History is another interest of mine. In particular , I am fascinated by the strong , clever women in royalty. Their intelligence was a means of survival as opposed to academic and without it , their fate would have been very different!

Philippa Gregory has written some brilliant novels depicting this and is by far one of my fav authors! The vikings is another area I like too. They were an advanced equal race and again had strong women ( Shield Maidens ) whom were greatly respected. I am hoping to visit Iceland ( the country not the shop!) in the near future.



## MEET THE TEAM

### **What is your background?**

Both my parents are from Ireland but moved to England in the 50s and raised myself and my two sisters in Shepherds Bush, London. We travelled back to Ireland , annually to visit family and developed an infinite connection to the country, culture and in particular the traditional music!

I worked for social services from the age of 18yrs as a Community home carer, then moved onto residential care. I left care at 22yrs to pursue my love of dance and as previously mentioned worked as a Trapeze Artist. Over the years I have worked as a Theatres HCA, a veterinary nurse ( untrained ) and completed an NVQ in horse care. After moving from London to Dorset , 21yrs ago , which I now very much consider my home , I have spent my time as a full time Mum and gradually returned to Community care work. At present I am a Day Matron in a private school boarding house but will be taking up duties as an HCA in the holidays

### **What are the values that drive you?**

Having lost both my parents in the past few years , I realise and value the importance of good care! My Dad struggled with dementia for 3 years but due to the amazing help we had with carers and my Mum and family wanting him kept at home , it has made me appreciate the vitality and support that a carer brings to a home and we would not have achieved this with the wonderful service we received! I want to be able to bring the same love and care that my parents received ( My Mum had care in her last year ) ensuring that every visit makes a difference and brightens up someone's day!





## MEET THE TEAM



**NAME:** Mollie Phillips

**POSITION:** Community Care Assistant

**What do you enjoy doing when you are not working?**

I live with my partner and 2 young children; I absolutely love to spend time with my family. We love going to the beach and walking in the countryside. And shopping!! I love a good shop, clothes, food! You name it I'm there! I love spending time with my closest friends and their babies too!

When we have time at home I love to chill and watch Disney, for me you can't beat a good Disney film. My fave is beauty and the beast.

**What is your background?**

I've always lived between Gillingham/Shafesbury. Growing up my parents lived separately so I enjoyed the best of both worlds. I have 3 younger siblings and the biggest family combined. I've had a few different jobs but hands down the care industry has always had my heart. I lost my very dear grandad who helped and taught me a lot in life and that's really where my love for caring came from and I'd like to think he's the reason I took this path.

**What are the values that drive you?**

I'm naturally a caring and compassionate person who feels the need to always treat others how i'd wish to be treated. I believe nothing beats caring for someone in a personal centred way. To be able to bring someone joy and brighten someone's day is one of the biggest achievements for me and I wish nothing more than to continue to make peoples live that little bit easier.

## MEET THE TEAM



**NAME:** Victoria James

**POSITION:** Community Care Assistant

**What do you enjoy doing when you are not working?**

Being out and about. I live for days out and family time! Love going on new adventures and taking my children to explore! Love being outside for dog/ family walks. I enjoy taking part in sound healing and meditation! I love booking holidays and getting that time to relax and reconnect!

**What is your background?**

Started in childcare at 16. Moved into a care home for those living with dementia when I had a child of my own. I have been a part of end of life both in a care home and in the community. I have worked with a child with complex care needs such as a tracheostomy. I also spent some time leading a team and managing medication.

**What are the values that drive you?**

I am naturally a loving, upbeat, caring person! I like to be the best I can be in what I do! I enjoy seeing people happy and smiling! I Love encouraging others and seeing love and kindness spread between people! I believe every person deserves to be happy and treated respectfully!

## MEET THE TEAM



**NAME:** Violet Butler

**POSITION:** Community Care Assistant

**What do you enjoy doing when you are not working?**

When I'm not working, I enjoy going out to farmer palmers with my child and seeing all the animals. Also, I enjoy seeing friends and doing some drawing on the side. We have a kitten called Narla who is black and enjoys cuddles, she is very needy.

**What is your background?**

I have left High school and had a bit of a break. During this break I've passed my driving test then started working for Natura.

**What are the values that drive you?**

Working as a team and making things work for the best is what matters to me the most and drives me to do the best I can.

## MEET THE TEAM



**NAME:** Sarah Cooper

**POSITION:** Community Care Assistant

### **What do you enjoy doing when you are not working?**

I am a 'sausage dog' mummy, so much of my time away from work is devoted to Barney. We love going for walks together, taking in the sights, sounds and most importantly for Barney the sniffs of nature.

I am fortunate to have some family in Dorset, so visiting to help my parents is important to me, as are the days out I enjoy to Stourhead or the coast with my brother and sister-in-law. Though my sister is further away, we like to catch up regularly on family gatherings which are focused on memory making for us all but especially my dad. I am lucky to have nephews and nieces and it's important to me to keep up with what they are each up to and I am very proud of their achievements.

I like to keep up with current affairs and as a contrast I can't help but be drawn into the whole Strictly glitter ball contest with a bit of Emmerdale thrown in. I value silence and quiet prayerful times in my life too.

### **What is your background?**

I was born in Plymouth and spent my secondary school years at boarding school in Shaftesbury before going on to teacher training. I am a people person and have worked with many different groups over my career including those with enduring mental health diagnosis, women and children escaping domestic abuse and newly arrived families. As a retired priest I have walked alongside people at the most joyous and challenging times in their lives and that has been a privilege. Starting with Natura where 'personalised, individual care' is at the heart of their values is a new chapter for me and one I am very much looking forward to.

### **What are the values that drive you?**

I am passionate about social justice and believe prioritising a person-centred approach, promoting dignity and respect as well as demonstrating inclusivity in relation to equality and diversity chime with my own moral compass.

## MEET THE TEAM



**NAME:** Gemma Stockley

**POSITION:** Community Care Assistant

### **What do you enjoy doing when you are not working?**

I enjoy going out and seeing my family. We love going away and exploring the uk, we try and visit a different place each time. I love spending time in my garden and growing vegetables. Alternative therapies really interest me....I am a qualified reflexologist and I'm always wanting to learn more so I can help others.

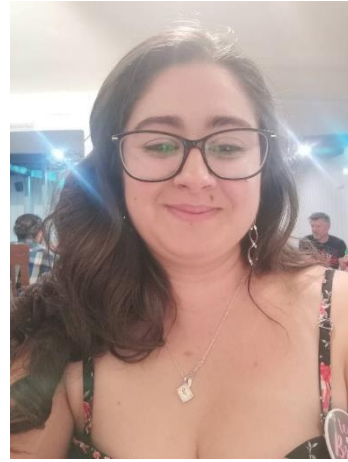
### **What is your background?**

I have 2 boys aged 19 and 7. The 19 yr. old moved out on his own this year leaving me and my youngest at home. I have always lived around this area of Dorset and I am very lucky all my family live near by. I have worked in the care industry for about 15 yrs. I have worked in both care homes and the community. I enjoy working in the community more because I feel I can give a person more time and a more person centred approach in their own homes.

### **What are the values that drive you?**

I believe everyone should be given the opportunity to have 1-1 care and support in their own home for as long as possible. I also believe people have the right to be listened to with dignity and respect at all times. Person centred care is at the heart of everything we do. Knowing I have made a difference in someone's day to day life by helping them remain as independent as possible in their own home is what motivates me very day. I love my job and can't see me ever doing anything else.

## MEET THE TEAM



**NAME:** Sophie D'Rosario

**POSITION:** Trainee Care Manager

### **What do you enjoy doing when you are not working?**

When I am not working, I enjoy my arts and crafts, especially cross-stitching, which I have done since I was around 7. I enjoy spending as much time as I can with my boyfriend and family, whether we go exploring somewhere new or staying in spending time together. I spend a lot of weekends traveling back to Kent to visit family and friends, as most of my family are still living in Kent. I spend some days off with my mum going shopping, having craft days or watching films. I am not one for sitting still and doing nothing, i like to be always doing something.

### **What is your background?**

I was born and raised in the Medway towns in Kent, born in Gillingham but raised in Chatham. In March 2022 I moved from Kent to Dorset with my parents and my boyfriend. My older sister had moved to Dorset with her husband and two daughters a few years previously. Before moving to Dorset, I worked for over 7 years as a carer for another company, but before that had many other jobs, usually 2 or 3 jobs at a time. I have always succeeded in what I am doing, no matter how long it takes me. I also helped my parents care for my grandparents for several years whilst they lived with us when I was younger.

### **What are the values that drive you?**

I believe that you should treat everyone the way in which you wish to be treated or the way you want your family to be treated should they require support or care. I have always been the type of person to put everyone else first before myself, whether its family friends' strangers or clients. I believe that everyone should be treated fairly and receive the support and care they require no matter what their background maybe.

